



**Priests of the Sacred Heart**  
**Sacred Heart Monastery**

**Prayer for a Pandemic**

May we who are merely inconvenienced  
remember those whose lives are at stake.

May we who have no risk factors  
remember those who are most vulnerable.

May we who have the luxury of working from home  
remember those who must choose  
between preserving their health or making their rent.

May we who can care of our children  
when their schools close  
remember those who have no options at all.

May we who have to cancel our trips  
remember those that have no place to go.

And may we who are losing our money in the market  
remember those who have no money at all.

May we who must settle in for a quarantine at home  
remember those who have no home.

During this time when we cannot physically  
wrap our arms around each other, let us yet  
find ways to be the loving embrace of God  
to our brothers and sisters.

**Amen.**